

our freedom, but it also puts the government in the middle of our health care decisions; it increases costs, and it will inevitably lead to a single-payer system.

As the rollout of ObamaCare continues to fail, Congress must act to address this problem now before it is too late and before every American family falls victim to this unworkable law which destroys jobs.

In conclusion, God bless our troops, and we will never forget September the 11th in the global war on terrorism.

UKRAINE'S 80TH ANNIVERSARY OF MAN-MADE FAMINE AND GENOCIDE

(Mr. QUIGLEY asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. QUIGLEY. Mr. Speaker, I rise today to commemorate the 80th anniversary of Ukraine's man-made famine and genocide.

The "Great Man-made Famine" was executed under Joseph Stalin's Communist rule in an effort to eradicate Ukrainian culture, education, and social institutions. Under Stalin's regime, the Ukrainian people were stripped of their land and grain and were herded onto collective farms where they were eventually left to starve to death. What was once the "breadbasket of Europe" became home to a forced famine that ultimately took the lives of over 6 million innocent men, women, and children.

But Stalin's attempt to squelch the spirit and history of the Ukrainian people failed.

This Friday, the Ukrainian National Museum in Chicago will remember those whose lives were taken by this man-made genocide. The museum will also, justifiably, celebrate the strong and vibrant people in the nation of Ukraine that thrives today.

PUTIN OPPRESSION OF AHISKA TURKS

(Mr. KINZINGER of Illinois asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. KINZINGER of Illinois. Mr. Speaker, I was stunned to see Russian President Vladimir Putin disparage American exceptionalism a few weeks ago. Simply put, Mr. Putin's human rights record leaves much to be desired, including his treatment of Ahiska Turks. A distinct minority, they are severely persecuted by top Russian authorities in Putin's government solely for their ethnicity and religion.

During Mr. Putin's first term, the State Department designated Ahiska Turks as a group of special humanitarian concern. Since then, 12,000 Turks have resettled in America, including many in Illinois and in my district. However, 80,000 Ahiska Turks remain in Russia, and they routinely face

discrimination and persecution in areas of their lives that we often take for granted. In an ethnic cleansing campaign, Stalin uprooted and resettled Ahiska Turks to central Asia from their ancestral lands in Georgia in 1944. Unable to return, they have since been perennial refugees in Central Asia and Russia.

This is the reality of Putin's Russia: in Russia, people are routinely and severely discriminated against, tortured, even killed, and are economically and financially repressed.

When given the freedom to chase the American Dream, these same Ahiska Turks have fulfilled their potential in less than a decade. I will let my colleagues make their own determinations about which nation is exceptional.

THE AFFORDABLE CARE ACT—A WINNER FOR SENIORS

(Mr. COURTNEY asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. COURTNEY. Mr. Speaker, the government announced yesterday good news for seniors: their Medicare part B premiums for 2014 will go up zero dollars and zero cents. It will stay at \$104 per month. This is now the third year in a row that CMS Medicare part B premiums have defied the trustees' predictions and have come in lower than projected. It also defies the relentless campaign of misinformation that seniors have been subjected to that their Medicare part B premiums are going to go up.

Just on Friday, I was at a senior fair where a woman showed me a chain email that read that Medicare part B premiums for 2014 were going up to \$247 a month—just a viral infection that has been out there and that I have been confronted with at senior centers over and over again. The facts are that they are going up zero. Medicare Advantage premiums have stabilized. Medicare part B premiums have stabilized. Prescription drug costs have gone down because of closing the doughnut hole.

In every respect, the Affordable Care Act since it passed in 2010 has been a winner for seniors, and it has helped strengthen the solvency of the program. Again, Medicare part B premiums are going up zero for 2014.

LEGION OF VALOR BRONZE CROSS RECIPIENT

(Mr. DESJARLAIS asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. DESJARLAIS. Mr. Speaker, I rise today to commend an exceptional young leader from Rutherford County in Tennessee's Fourth District. Elizabeth Ethridge recently received the Legion of Valor Bronze Cross for leadership, a testament to her strong work ethic and dedication to her Junior ROTC battalion.

An honor student at Smyrna High School, Elizabeth is exceptionally well-rounded. She is ranked in the top 10 percent of her class as well as of her JROTC grade. In addition to her service through JROTC, Elizabeth volunteers to give back to the community. Elizabeth is one of six Bronze Cross recipients, competing against cadets from more than 200 schools for this great honor. Last month, Elizabeth was presented with the award at the Rutherford County Board of Education meeting.

Elizabeth hopes to attend Vanderbilt University to study medicine and to one day join Doctors without Borders. I wish her the best of luck in her future endeavors, and I know she will continue to make our Fourth District proud.

PRESERVE THE FOOD STAMP PROGRAM

(Mr. KILDEE asked and was given permission to address the House for 1 minute.)

Mr. KILDEE. Mr. Speaker, this week, unfortunately, food stamps will be cut by \$5 billion. We expected that. What is worse is that even deeper cuts could follow.

Conferees start negotiating a farm bill this week, and billions of dollars in cuts—in fact, \$40 billion—have been proposed by Republicans in the House, which is 10 times the number of cuts passed in the bipartisan bill in the Senate.

Since I have been here in Congress, I have talked to dozens of people in my district who have come up to me and said, Thank you for fighting to preserve the food stamp program. I have never told anybody, they say, but I received food stamps at one point in my life, so thank you for fighting.

I am afraid that many Members of Congress simply don't know what it is like to be poor in America. These are real people—real human beings. The cuts that we contemplate here are not numbers on a piece of paper but are cuts that would literally take food out of the mouths of people who are hungry.

This is wrong. It cannot stand. I urge my colleagues to fight to preserve this important program.

FALSE PROMISES

(Mr. HARRIS asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. HARRIS. Mr. Speaker, another day goes by, and the ObamaCare train wreck continues.

In 2009, President Obama promised, If you like your health care plan, you can keep it. It still promises that on the White House Web site and on the healthcare.gov Web site if and when you can get on that Web site.

Mr. Speaker, when are these false promises going to end? What do I say